



# Shipping Food for the Holidays

## PACKING TIPS FOR TREATS:

### Cakes

Fit snugly into a tin or container before packing.

### Cookies

Place wax paper between the layers in the package.

### Candies

Place in empty egg carton for an environmentally friendly option.

### Oils & vinegars

Make sure bottles are well sealed and wrapped in bubble wrap.



## Recipe for Shipping Baked Goods

### Ingredients for packing:

- Corrugated box
- Bubble wrap or packing peanuts
- Packing tape
- Permanent marker
- Address label

### Directions for success:

- Wrap items well with tinfoil or plastic wrap.
- Neatly stack your items in the shipping box.
- Choose UPS's next-day shipping options for quickest delivery.

## Recipe for Shipping Refrigerated and Frozen Foods

### Ingredients for packing:

- Insulated shipping container
- Styrofoam or newspaper
- Dry ice. (Check the guidelines for shipping with dry ice on ups.com)

### Directions for success:

- Use gloves! Dry ice is so cold it can burn the skin.
- Wrap food in plastic before placing it in the container with the dry ice.



## SHIPPING SAFELY:

Use a *new, sturdy*, corrugated shipping box.

Use *boxes that fit* what you are shipping and *tightly pack* the empty spaces with bubble wrap or packing peanuts.

(Your local The UPS Store® carries a variety of box sizes and packaging supplies.)

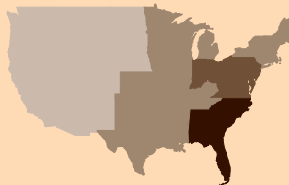
## Getting Your Treats There on Time

### Cut off dates for shipping gifts for delivery by Christmas Eve:

- **December 18** for Ground service\*
- **December 19** for UPS 3 Day Select®
- **December 22** for UPS 2nd Day Air®
- **December 23** for UPS Next Day Air®
- No deliveries on Christmas Day

### SHIPPING COAST TO COAST:

Always use the UPS® "time-in-transit" maps online for exact delivery times before shipping.



### INTERNATIONAL SHIPPING:

Before sending food to another country, have UPS shipping experts determine if the country has any restrictions.

\* For the most updated information on shipping deadlines, please visit <http://compass.ups.com/last-days-ship-ups-for-christmas-2014-delivery/>

Suggestions above are merely recommendations. No guarantee is made that following these recommendations will prevent damage or spoilage. All shipping is subject to UPS's standard terms available at <http://www.ups.com/content/pr/en/resources/ship/terms/service.html>.

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